



The **Fermoy Meals on Wheels** service has been in operation in our community for the past 25 years and it continues to go from strength to strength.

The service provides hot nutritional meals to older people, people recovering from illness and people living alone.

If you or any one you know would like to avail of this service please complete & return the form below to the Resource centre.

**Name of client:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Contact Tel Number:** \_\_\_\_\_

**ICE Number (In Case of Emergency)**  
\_\_\_\_\_

**Additional information  
i.e. Allergies, dietary needs**  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### **Sample of Meals on Offer**

#### **Dinners**

Beef Stew  
Roast Chicken  
Bacon & Cabbage

#### **Desserts**

Apple Tart & Custard  
Bread & Butter Pudding  
Rice Pudding

**Cost of a dinner per person is €4.00**

**Dinner & dessert per person is €4.50**

Meals on Wheels operates Monday, Wednesday and Friday. For further information please contact us on 025-32962.